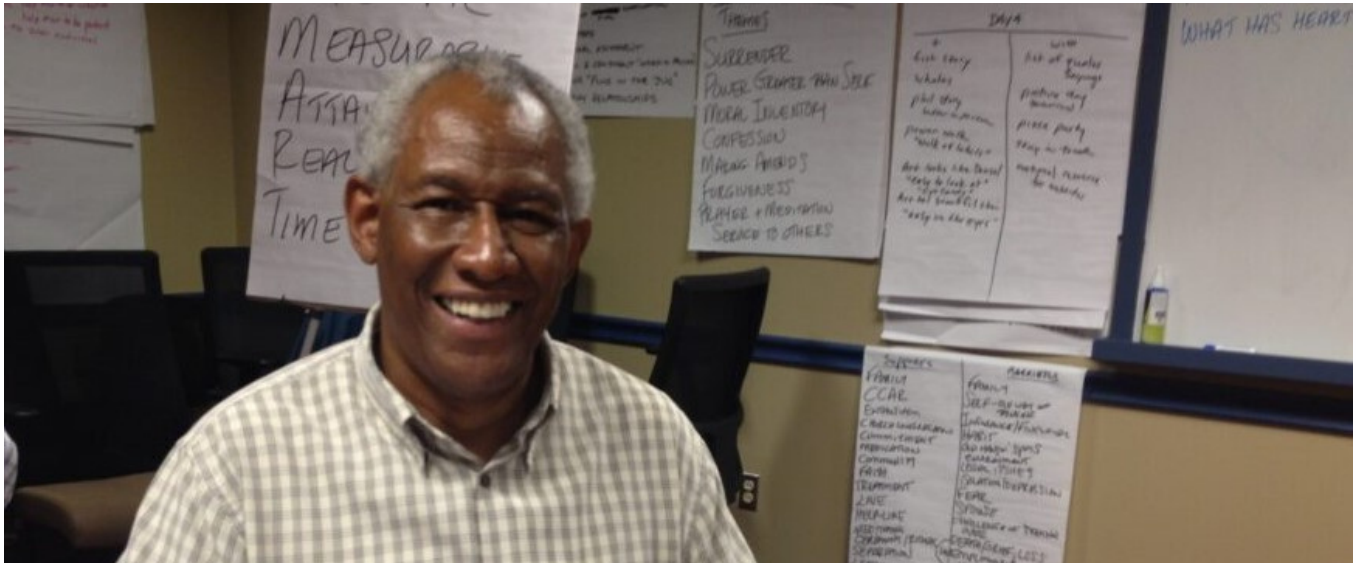


# THE ART WOODARD RECOVERY COACH PROFESSIONAL SCHOLARSHIP

*for University of Connecticut students*



## In Celebration

Art Woodard was a Masters in Social Work graduate of the University of Connecticut Class of 1984. Art loved his work as a Master Trainer of recovery coaches for the Connecticut Community for Addiction Recovery (CCAR). Through his immense wisdom, compassionate style, and unlimited kindness, he inspired people to coach with genuine care just as he genuinely cared for others. His unique approach of using acronyms, words and diagrams to explain deep concepts set Art apart from the crowd. Indeed, his tender influence on the lives of thousands of individuals will positively impact the recovery community for generations to come.

In celebration of his dedication to developing recovery coaches, CCAR is providing five scholarships annually to University of Connecticut students to pursue their Recovery Coach Professional designation. Recipient selection will be administrated by the Student Health and Wellness/UConn Recovery Community.

### SCHOLARSHIP INCLUDES:

**RECOVERY COACH  
ACADEMY**

**ETHICAL  
CONSIDERATIONS**

**12 ELECTIVE HOURS OF  
CCAR OR CCAR-  
APPROVED TRAINING  
PROGRAMS**

**RCP INTERVIEW  
PROCESS**

**\$1,600+ VALUE, 58 CEU HRS**

**UConn**

STUDENT HEALTH  
AND WELLNESS

**CCAR**

CONNECTICUT COMMUNITY  
FOR ADDICTION RECOVERY

## THE CCAR RECOVERY COACH ACADEMY©

The CCAR Recovery Coach Academy© is a 5-day intensive training academy focusing on providing individuals with the skills needed to guide, mentor, and support anyone who would like to enter into or sustain long-term recovery from an addiction to alcohol or other drugs. Provided in a retreat-like environment, the CCAR Recovery Coach Academy© prepares participants by helping them to actively listen, ask really good questions, and discover and manage their own stuff.

CCAR Recovery Coach Academy© participants will:

- Describe Recovery Coach role and functions
- List the components, core values, and guiding principles of recovery
- Build skills to enhance relationships
- Explore many dimensions of recovery and recovery coaching
- Discover attitudes about self-disclosure and sharing your story
- Understand the stages of recovery
- Describe the stages of change and their applications
- Increase their awareness of culture, power, and privilege
- Address ethical and boundaries issues
- Experience recovery wellness planning
- Practice newly acquired skills

## ETHICAL CONSIDERATIONS FOR RECOVERY COACHES

Participants who complete this training will:

- Understand what ethics are and why ethics are so important when performing Recovery Coach Services,
- Learn how to stay in your lane as a recovery coach,
- Understand the decision making process,
- Develop guidelines for making ethical decisions, and
- Apply the new learning to your every day work as a RC.

## RECOVERY COACH PROFESSIONAL DESIGNATION PROCESS

Applicants must complete the CCAR Recovery Coach Academy© and the CCAR Ethical Considerations for Recovery Coaches©. In addition, 12 hours of CCAR or CCAR-approved training programs for a total of 60 training hours. Candidates will have an interview with a panel comprised of CCAR leadership and RCPs. May be in person or online. To learn more about the final step in securing your Recovery Coach Professional designation, check out the process at [addictionrecoverytraining.org/wp-content/uploads/2021/04/Interview-Process-2021.pdf](https://addictionrecoverytraining.org/wp-content/uploads/2021/04/Interview-Process-2021.pdf).

## ADDITIONAL INFORMATION

- Applicants must be a matriculated student at the University of Connecticut. Undergraduate and graduate students are invited to apply.
- Applicants must have completed Recovery Ally Training offered by the UConn Recovery Community. This two hour training is a CCAR-approved training program.
- Participation in the first course, The Recovery Coach Academy, must be completed within the calendar year you receive the scholarship. The remaining RCP requirements can be completed as desired.
- To apply, send a letter of interest to Sandy Valentine, RCP, Health Promotion Manager, [sandy.valentine@uconn.edu](mailto:sandy.valentine@uconn.edu) by December 31, 2021.

## A MESSAGE FROM UCONN STUDENT HEALTH AND WELLNESS/UCONN RECOVERY COMMUNITY

A Recovery Coach promotes recovery and removes barriers and obstacles to recovery, serving as a personal guide and mentor for people seeking or already in recovery from an addiction to alcohol and or other drugs. Trained recovery coaches bring tremendous value to any community.

We are grateful for this generous offering from the CT Community of Addiction Recovery. We encourage students in recovery, students who have been impacted by a loved one's addiction, and students who are pursuing careers in caring fields of all types to consider this opportunity.

*Be well. Feel well. Do well.*